

HYPERTENSION AWARENESS

Were you ever told that your blood pressure was high?

- In 1997, 23% of Montana adults had been told at some time by a health care professional that their blood pressure was high.
- There was essentially no difference between sexes with respect to having been told they had high blood pressure.
- The percentage of adults who had ever been told they had high blood pressure increased with increasing age class. Significantly more adults aged 65 and older were told they had high blood pressure than adults in younger age classes.
- The percentage of adults reporting high blood pressure has remained approximately the same between 1991 and 1997.

Have you had your blood pressure checked in the past two years?

- Ninety-two percent of Montana adults in 1997 reported having had their blood pressure checked in the last two years.
- Women were significantly more likely than men to have had their blood pressure checked in the last two years.
- Age, education, income, and race had little or no influence on whether or not adults had their blood pressure checked in the past two years.
- Since 1990, there has been little or no change in the percentages of adults reporting that they had their blood pressure checked in the past two years.

Healthy People 2000 Objective:

15.13 Increase to at least 90 percent the proportion of adults who have had their blood pressure measured within the preceding 2 years and can state whether their blood pressure was normal or high.

Table 7. Hypertension Awareness, Montana Adults, 1997
(with 95% confidence intervals).

	Ever told blood pressure was high				Blood pressure checked in last 2 years			
	Total No.	No.	%	CI (+/-)	Total No.	No.	%	CI (+/-)
All Adults : 1997	1798	444	23	(2)	1785	1654	92	(1)
Sex:								
Male	758	177	22	(3)	753	676	89	(2)
Female	1040	267	24	(3)	1032	978	95	(1)
Age:								
18 - 29	295	28	10	(4)	291	271	93	(3)
30 - 44	577	95	16	(3)	573	523	91	(3)
45 - 64	537	159	29	(4)	533	488	92	(2)
65+	387	161	38	(5)	386	370	94	(3)
Education:								
<High School	181	57	28	(7)	178	166	93	(4)
High School	572	156	26	(4)	568	523	92	(2)
Some College	542	125	20	(3)	539	507	94	(2)
College Degree	499	105	20	(4)	496	455	91	(3)
Income:								
<\$10,000	95	30	28	(10)	92	82	88	(8)
\$10,000 - \$19,999	273	68	23	(5)	271	243	89	(4)
\$20,000 - \$34,999	519	133	25	(4)	514	478	92	(2)
\$35,000 - \$49,999	298	66	22	(5)	296	280	94	(3)
\$50,000+	238	37	15	(5)	238	225	94	(3)
Race:								
White, non-Hispanic	1672	414	23	(2)	1662	138	92	(1)
Non-white or Hispanic	119	29	22	(8)	116	110	95	(4)

Figure 6. Hypertension Awareness, Montana Adults, 1990-1997.

